CAPABILITY STATEMENT Your Health Concierge, Inc.



COMPANY OVERVIEW

Your Health Concierge, Inc.is a multidisciplinary team of psychologists, physicians, therapists, wellness experts and researchers who provide individualized wellness services, group training and professional education services.

CORE SERVICES

- Small and large group professional trainings on topics such as: Integrating Mental Health Wellness & Psychopharmacology: Aging; Sleep Disorders; Motivational Behavior Change
- Individual consultations including mental health therapy and self-management. Our team members are currently licensed health providers in DC, MD and VA.
- Program design and evaluation for worksite wellness and community-based prevention and wellness programs.

OTHER SERVICES PROVIDED

CONTACT INFORMATION

Caroline H. Sparks Ph. D., CEO Your Health Concierge, Inc.

2 Wisconsin Cir. Suite 700

Bethesda, MD 20815 Phone: 844-942-1789

Email: <u>csparks@yourhealthconcierge.org</u>

Website: yourhealthconcierge.org

UEI: LEG8KCGEN858 EIN: 81-1789462 CAGE CODE: # 88J52 NAICS/PSC CODES

541611- Administrative Management and General

Management Consulting Services

611430 Professional Management Development

Training/ AN52 Mental Health - Applied Research/Exploratory Development

621330 Office of Mental Health Practitioners (except Physicians)

621112 Office of Physicians, Mental Health Practitioners

621399 Office of All Other Miscellaneous Health Practitioners

SAM Registration: ACTIVE; **WOSB:** ACTIVE

Accepting Credit Cards: YES Business Size: Small Business

Certifications: Montgomery County MD LSBRP Vendor #075493; MD licensed psychologist,

licensed clinical social workers; DC licensed clinical psychologist, licensed clinical social workers; VA

licensed clinical psychologist

Consultation with mental health agencies on public health programming for wellness

- Policy assessments of mental health impacts of proposed regulations using literature reviews, focus groups, online survey, and interviews
- Development and coordination of public health promotion programs

DIFFERENTIATORS

- Our master trainers include public health professionals with backgrounds in behavior change, coaching, ethics, psychology, medicine and pharmacy.
- Our trainings are accepted for continuing education credits for psychologists, nurses, social workers, and health educators.

PAST PERFORMANCE: DC Health Department contract to train Lifestyle Coaches to deliver the CDC Diabetes Prevention Program, 2018; Montgomery County, MD Diabetes Prevention Program and Housing Program, 2021